

LIFEWORK™ SL

a paradigm shift for increased personal performance

Development Seminars • Team Engagements • Executive Coaching

Development Seminars

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Summary:

Customizable 60-90 minute LifeWork™ sessions for your group of 5-50. Each seminar is designed to help participants gain clarity about how their personal strengths and values shape their responses to people and environments to create an integrity in the spheres of their life and reduce stress.

Objectives:

- Understand Behavioral Strengths
- Uncover Driving Motivators
- Identify Key Stress Points
- Improve Communication

Team Engagements



Summary:

LifeWork[™] programs for teams of 5-15 that identify the expectations, needs, and pressures unique to the team dynamic. Personal sessions with each team member, group analytics, and team workshops are combined to comprehensively sync the team's strengths and values towards their strategic initiatives.

Objectives:

- Group Dynamics Summary
- Clear Strategic Initiatives
- Personal Development Plans

Executive Coaching



LifeWork[™] coaching works with an individual in oneon-one monthly sessions with supplemental support from 3-5 LifeWork[™] partners from different spheres of life. Develop an integrity, presence, and productivity to the spheres of work, family, and other relationships by focusing on critical growth initiatives.

Objectives:

- Integrity in Your Spheres
- Present in Your Relationships
- Productive in Your Roles



Ryan Paterson Sr. Talent Consultant

LifeWork[™] helping successful people recover their purpose by integrating their life through integrity in their spheres of life, being present in their relationships, and productive in their roles.

Ryan is a strategic thinker, clear communicator and talent development specialist He has more than a decade of leadership, team building, and coaching experience. Ryan is fully certified by TTI, Inc. in the analysis of people's Behaviors, Motivators, Acumen, Competency, and Emotional Intelligence His coaching practice is helping people recover their LifeWork.™